

# Polarity Modulation Enhances Electrocatalytic Reduction of Nitrate by Iron Nanocatalysts

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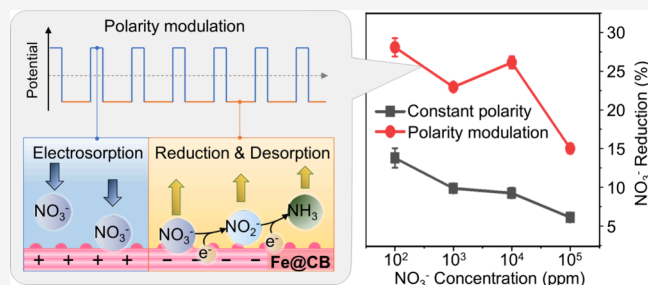
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**ABSTRACT:** Electrocatalytic reduction to convert nitrate ( $\text{NO}_3^-$ ) to  $\text{N}_2$  or  $\text{NH}_3$  is of great interest for water and wastewater treatment, as well as N cycle management. However, the inherent electrostatic repulsion between the negatively charged nitrate ion and the cathode hinders nitrate adsorption on the catalyst and decreases reaction kinetics. In this study, we demonstrate that a simple polarity modulation strategy greatly enhances  $\text{NO}_3^-$  reduction catalyzed by an iron nanocatalyst immobilized on a carbon black electrode (Fe@CB). By switching between a positive and a negative potential, the system cycled through a short electrosorption step and a longer electrocatalytic reduction step.

This increases the pseudo-first-order reaction rate constant of nitrate reduction from 2.46 to 3.09  $\text{h}^{-1}$ , a 25.6% increase compared to the constant potential operation. The improved nitrate reduction kinetics was attributed to the enhanced nitrate adsorption during the electrosorption step, which improved the subsequent electrocatalytic reduction of  $\text{NO}_3^-$  upon reversal of the applied voltage. A short 30 s adsorption step at +0.1 V was found to enhance  $\text{NO}_3^-$  adsorption while avoiding reoxidation of reduced species formed in the previous reduction step. This operational strategy can be easily applied to other electrodes and catalysts, offering a simple, chemical-free, and cost-effective method for the removal of  $\text{NO}_3^-$  and valorization.

**KEYWORDS:** nitrate, electrocatalytic reduction, polarity modulation, iron nanoparticle



## 1. INTRODUCTION

Nitrate ( $\text{NO}_3^-$ ) is a widespread contaminant in surface water and groundwater due to extensive fertilizer use and wastewater effluent discharge.<sup>1–3</sup> It is of great health concern due to its *in vivo* conversion to the toxic nitrite ( $\text{NO}_2^-$ ) ion, excessive uptake of which can cause liver damage, blue baby symptoms, and cancer.<sup>4,5,6</sup> Although the drinking water standard for  $\text{NO}_3^-$ -N in the USA was set at 10  $\text{mg L}^{-1}$  over 30 years ago,<sup>7</sup>  $\text{NO}_3^-$  remains the most frequently reported contaminant responsible for drinking water standard violations.<sup>8</sup> High  $\text{NO}_3^-$  concentrations up to 3000  $\text{mg of N/L}$  have been reported worldwide in contaminated groundwater and wastewater.<sup>9–13</sup> Nitrate in surface water bodies can also cause eutrophication and lead to devastating algal bloom.<sup>14</sup> Therefore, removing  $\text{NO}_3^-$  from water and wastewater is of great significance for human and ecosystem health.

In recent years, there has been increasing interest in converting  $\text{NO}_3^-$  to ammonia ( $\text{NH}_3$ ), a widely used fertilizer precursor, chemical feedstock, and fuel.<sup>15–17</sup> This is largely driven by the very high  $\text{CO}_2$  emission of the current  $\text{NH}_3$  production method<sup>18</sup> and the high demand for  $\text{NH}_3$  for its traditional applications as well as its potential as a hydrogen carrier. Transforming the toxic  $\text{NO}_3^-$  in water and wastewater to  $\text{NH}_3$  therefore represents a highly attractive waste-to-resource strategy.

Several existing technologies can effectively remove  $\text{NO}_3^-$  from water, including biological denitrification, adsorption, ion exchange, and reverse osmosis (RO). However, they each suffer from notable limitations. Biological denitrification can convert  $\text{NO}_3^-$  to innocuous binitrogen gas ( $\text{N}_2$ ) but is slow in kinetics and highly sensitive to operating conditions such as temperature, pH, and carbon sources.<sup>19–21</sup> Adsorption, ion exchange, and RO separate  $\text{NO}_3^-$  from water instead of degrading it, producing waste brines containing high concentrations of  $\text{NO}_3^-$  that require further disposal. Degradation of nitrate in concentrated brine is still necessary for proper disposal.

Electrocatalysis has received great attention recently because it can degrade contaminants using electricity without adding chemicals or generating waste brines.<sup>22–24</sup> Extensive research has been performed on the electrocatalytic reduction of  $\text{NO}_3^-$ . Noble metals, e.g., palladium, platinum, and gold, are the most commonly used catalysts,<sup>25–28</sup> because their highly occupied

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d-orbitals and unclosed outermost electron shell structure provide high electrocatalytic activity as well as stability.<sup>24</sup> However, noble metal catalysts are expensive due to the high cost of the precursors and the complex synthesis processes involved. Zero valent iron (ZVI) is a low-cost and abundant catalyst that has been shown to effectively reduce nitrate to produce ammonia. Several literatures have reported significant nitrate reduction and ammonia production using ZVI.<sup>23,29,30</sup> ZVI is commonly incorporated onto carbon substrates, e.g., activated carbon, graphene oxide, and carbon black (CB), by postsynthesis coating<sup>31</sup> or in situ reduction methods.<sup>32,33</sup> The substrate contributes to the electrocatalytic reaction by providing target contaminant adsorption sites in its porous structure, and thus enhancing reaction kinetics,<sup>34,35</sup> and/or improving electrical conductivity to lower energy consumption.<sup>36,37</sup>

It has been well established that  $\text{NO}_3^-$  adsorption onto the catalyst surface is essential to initiate the reduction of  $\text{NO}_3^-$  to  $\text{NO}_2^-$ , the first and rate-limiting step in reductive nitrate degradation.<sup>24,38,39</sup> Accordingly, significant effort has been made to enhance  $\text{NO}_3^-$  adsorption by increasing the electrode specific surface area or enhancing the  $\text{NO}_3^-$  mass transfer from the bulk solution to the electrode surface. In particular, flow-through electrodes in the form of packed bed reactors<sup>40,41</sup> and 3D porous monoliths,<sup>42,43</sup> which enable advective instead of diffusive transport of nitrate, have been shown to greatly improve  $\text{NO}_3^-$  reduction kinetics. However, the electric repulsion between the negatively charged  $\text{NO}_3^-$  ion and the catalysts on the cathode remains a significant hindrance to  $\text{NO}_3^-$  adsorption.<sup>24,38,39,44,45</sup>

In this study, we developed a simple polarity modulation technique that uses a low positive electric potential to induce the electrosorption of  $\text{NO}_3^-$  before a negative potential is applied for  $\text{NO}_3^-$  reduction. Using a CB electrode decorated with zerovalent iron nanoparticles as the catalyst, the polarity modulation method was evaluated and optimized for  $\text{NO}_3^-$  reduction over a wide range of initial  $\text{NO}_3^-$  concentrations. Relevant reaction mechanisms and long-term operation stability were elucidated.

## 2. MATERIALS AND METHODS

**2.1. Chemicals and Materials.** ELFTX P100 CB powder was purchased from Cabot (USA). Ferric chloride ( $\text{FeCl}_3$ , 99%), sodium citrate dihydrate ( $\text{C}_6\text{H}_9\text{Na}_3\text{O}_9$ , 99%), sodium hydroxide (NaOH, 98.6%), sodium nitrate ( $\text{NaNO}_3$ , 99.7%), and sodium sulfate ( $\text{Na}_2\text{SO}_4$ , 99%) were purchased from Fisher Chemical (USA). Sulfanilamide ( $\text{C}_6\text{H}_8\text{N}_2\text{O}_2\text{S}$ , 98%), sodium nitroferricyanide dihydrate ( $\text{C}_5\text{FeN}_6\text{Na}_2\text{O}_2\cdot\text{H}_2\text{O}$ , 99%), and salicylic acid ( $\text{C}_7\text{H}_6\text{O}_3$ , 99%) were obtained from Acros Organics (USA). Sodium hypochlorite ( $\text{NaClO}$ , 5%) was obtained from LabChem (USA). Nafion-perfluorinated resin solution (5 wt %) was purchased from Sigma-Aldrich (USA). A glassy carbon plate was purchased from Yidian Technology (Shanghai, China); the Ag/AgCl reference electrode and Pt rod electrode were ordered from CH Instruments, Inc. (CHI660E, China). The Nafion 211 ion exchange membrane was obtained from Fuel Cell Earth (USA). All calibration standards were purchased from Fisher Scientific (USA) and used as received. All solutions were prepared in deionized (DI) water produced by a Barnstead E-Pure system (USA) with a resistivity of  $18.2 \text{ M}\Omega \text{ cm}^{-1}$ .

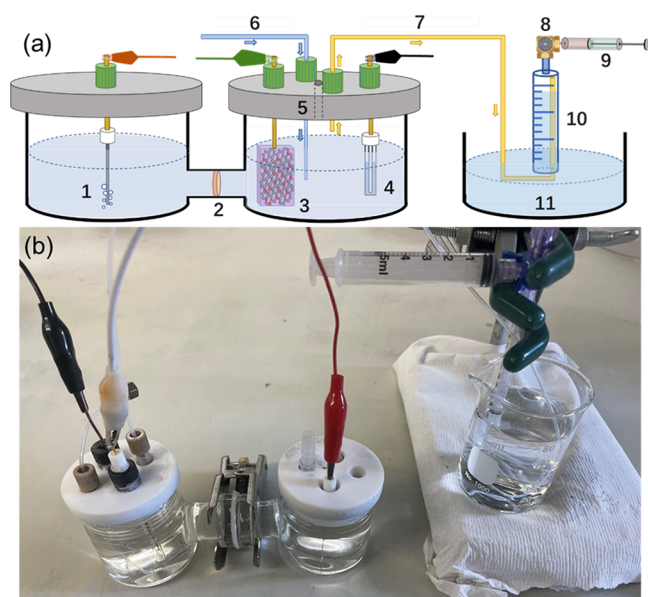
**2.2. Electrode Preparation and Characterization.** The nanozerovalent iron (NZVI) catalyst was loaded on CB particles by *in situ* NZVI formation. Briefly, 0.145 g of ferric chloride was mixed with 150 mL of DI water and sonicated for 2 h. The solution was mixed with 0.95 g of CB powder, sonicated for 0.5 h, and magnetically stirred overnight. The mixture was heated at  $85^\circ\text{C}$  for 3 h in a rotary evaporator at a rotation speed of 50 rpm to dry. The solids were then harvested and ground into fine powder. Finally, the powder was heated at  $600^\circ\text{C}$  in a tube furnace for 2 h in 5%  $\text{H}_2$  in  $\text{N}_2$  (UN1954, Airgas) to reduce the ferric species loaded on CB to NZVI.

To prepare electrodes, 10 mg of NZVI-loaded CB or pristine CB was mixed with 10 mL of isopropanol alcohol and 200  $\mu\text{L}$  of 5 wt % Nafion solution and sonicated for at least 2 h. Then, 200  $\mu\text{L}$  of the resulting suspension was applied to a 10 mm  $\times$  20 mm  $\times$  1 mm glassy carbon (GC) plate and vacuum-dried. The electrodes prepared using NZVI-loaded CB were referred to as Fe@CB electrodes. All electrodes were stored in a vacuum desiccator until use.

The surface morphology and composition of NZVI-loaded CB powder were characterized by scanning electron microscopy (SEM) using a Helios 660 SEM/FIB (USA). The fine structure and elemental mapping of NZVI-loaded CB were characterized by transmission electron microscopy (TEM) and high-angle annular dark-field TEM (HAADF-TEM) using an FEI Titan Themis<sup>3</sup> scanning/transmission electron microscopy (S/TEM) equipped with an energy-dispersive detector. The TEM was operated under an acceleration voltage of 300 kV. TEM samples were prepared by depositing a drop of an NZVI-loaded CB suspension on a carbon film-coated copper grid. X-ray diffraction of NZVI-loaded CB powder was performed using a Rigaku D/Max Ultima II Powder X-ray diffractometer with  $\text{Cu K}\alpha$  radiation, operated at 40 kV and 40 mA, and recorded from  $0$  to  $60^\circ$  (in  $2\theta$ ). Cyclic voltammetry (CV) tests for the Fe@CB electrode were performed using a CHI 660E electrochemical workstation in a  $\text{Na}_2\text{SO}_4$  solution with or without  $\text{NaNO}_3$ . The  $\text{Na}_2\text{SO}_4$  concentration was 250  $\text{mmol L}^{-1}$  in the absence of  $\text{NaNO}_3$  and 100  $\text{mmol L}^{-1}$  in the presence of 450  $\text{mmol L}^{-1}$   $\text{NaNO}_3$  to maintain a constant total ionic strength of 750  $\text{mmol L}^{-1}$ . During a CV test, the applied potential ranged from  $-1.0$  to  $-1.8 \text{ V}$  vs ACE with a scan rate of  $10 \text{ mV s}^{-1}$ .

**2.3. Electrochemical Reduction of Nitrate.** Electrochemical nitrate reduction experiments were conducted in a dual-chamber H cell equipped with three electrodes and a gas collector. As shown in Figure 1, the H cell was separated into two chambers by a Nafion 211 cation exchange membrane. The volume of each chamber is 30 mL. The Fe@CB electrode was used as the working electrode, a Pt wire was the counter electrode, and a Ag/AgCl electrode was used as the reference electrode. The working electrode and the reference electrode were installed in the same chamber to minimize the solution resistance. The gas collector was installed on the chamber that hosts the working and reference electrodes to collect and measure the volume of gases produced using the drainage gas collection method.<sup>46</sup> The reactor was completely sealed to be airtight.

In all nitrate reduction experiments, both the catholyte and anolyte chambers were first filled with 25 mL of  $\text{NaNO}_3$  solution and the reactor was purged with argon gas for 10 min to remove oxygen before sealed. Experiments were performed in either a constant potential mode or a modulated polarity



**Figure 1.** Schematic (a) and photograph (b) of the experimental system. 1: Pt counter electrode; 2: cation exchange membrane; 3: working electrode; 4: Ag/AgCl reference electrode; 5: sampling port; 6: argon inlet tube; 7: gas outlet tube; 8: two-way valve; 9: vacuuming syringe; 10: gas collecting syringe; 11: water container.

mode, with the applied potential provided by an electrochemical workstation (CHI660E, CH Instruments, China). In the constant potential operation mode, the cathodic potential was set constant at  $-0.7$  V vs reverse hydrogen electrode (RHE), a potential that has been reported to initiate ammonia production.<sup>47–49</sup> In the polarity modulation mode, a cyclic electric potential pattern was applied. Each cycle consists of a short electroadsorption phase, when a low positive potential of  $+0.1$  V vs RHE is applied, and an electroreduction phase, when a potential of  $-0.7$  V vs RHE was applied. The low positive

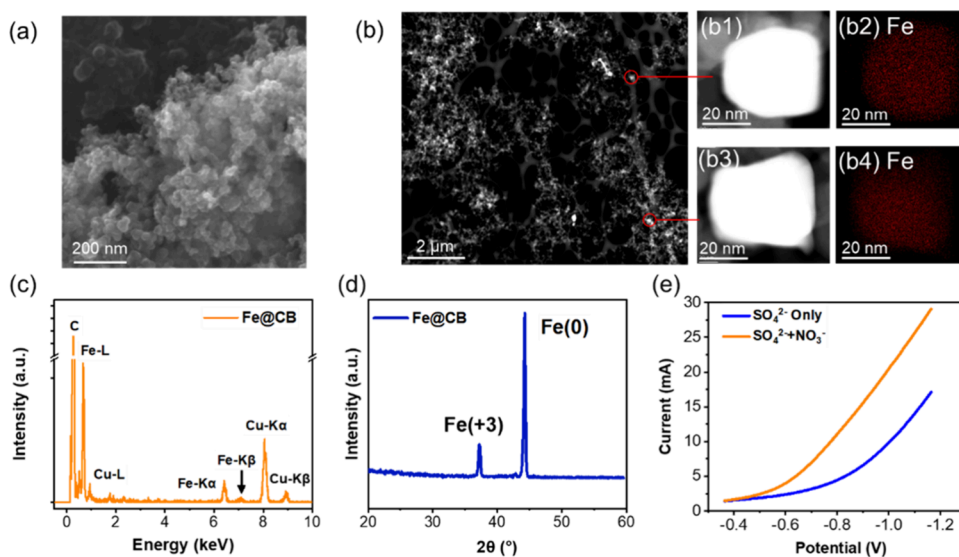
potential,  $+0.1$  V vs RHE, was chosen to induce electroadsorption while minimizing potential reoxidation of reduced nitrogen species (as discussed later) as well as energy consumption. All electrical potential values reported were measured with respect to the Ag/AgCl reference electrode and converted to that versus RHE.<sup>50</sup> Current was recorded at 0.02 s intervals. All nitrate reduction experiments were repeated three times, using a freshly prepared electrode for each replicate experiment.

An initial nitrate concentration of  $150$  mmol L<sup>-1</sup> ( $2100$  mg of N/L) was used in most experiments, which represents the high nitrate concentrations found in some heavily contaminated water and wastewater.<sup>9–13</sup> Additional experiments were conducted at initial nitrate concentrations from  $1.61$  to  $808$  mmol L<sup>-1</sup> ( $100$ – $50,000$  mg of NO<sub>3</sub><sup>-</sup> L<sup>-1</sup> or  $22.58$ – $11,290$  mg of N L<sup>-1</sup>) to study the impact of the initial nitrate concentration. Samples were taken in predetermined intervals from the chamber where the working electrode is installed and analyzed for pH, nitrate, nitrite, and ammonia. The nitrate concentration was determined by ion chromatography (ICS, Dionex, USA), while nitrite and ammonia concentrations were determined by colorimetric methods using a UV–vis spectroscope (Shimadzu UV-2550, Japan). Nitrite analysis followed the EPA standard method 354.1, whereas ammonia analysis followed a previously established method.<sup>51–53</sup>

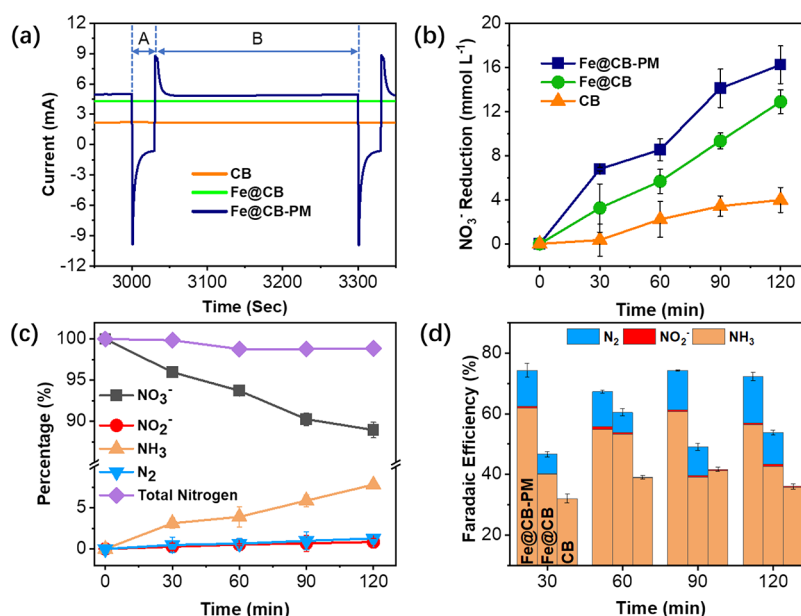
The gas samples collected were analyzed by gas chromatography (TRACE 1310). To determine the presence of nitrogen gas, ultrahigh-purity nitrogen (Airgas company) was used as the standard.

### 3. RESULTS AND DISCUSSION

**3.1. Electrode and Electrode Material Characterization.** Figure 2 shows the characteristics of the as-synthesized NZVI-loaded CB powder. The SEM images (Figure 2a and Figure S1) show particles of  $22.4 \pm 5.2$  nm in size, similar to the CB particles, which have an average diameter of  $20.6 \pm 7.8$  nm (Figure S1). TEM characterization



**Figure 2.** Characteristics of the NZVI-loaded CB powder and the Fe@CB electrode. (a) SEM and (B) TEM images of the NZVI-loaded CB. (b1, b3) High-angle annular dark-field (HAADF) TEM images showing strong signals from immobilized Fe nanoparticles; (b2, b4) EDS elemental mapping of Fe. (c) EDS spectrum of NZVI-loaded CB. The copper signal was from the lacey carbon copper-coated mesh; (d) XRD spectrum of NZVI-loaded CB. (e) Cyclic voltammetry curves of the Fe@CB electrode in a bisolute ( $100$  mmol L<sup>-1</sup> Na<sub>2</sub>SO<sub>4</sub> +  $450$  mmol L<sup>-1</sup> NaNO<sub>3</sub>) solution and a single-solute ( $250$  mmol L<sup>-1</sup> Na<sub>2</sub>SO<sub>4</sub>) solution with the same total ionic strength of  $750$  mmol L<sup>-1</sup>.



**Figure 3.** Electrochemical reduction of  $\text{NO}_3^-$  using the CB and Fe@CB electrodes. (a) Current production. A and B are the electroadsorption and electrochemical reduction periods, respectively, in the polarity modulation mode (Fe@CB-PM). (b) The amount of  $\text{NO}_3^-$  reduced as a function of time. (c) Percentage of nitrogen species produced by the Fe@CB electrode with polarity modulation. (d) Faradaic efficiency of the CB and Fe@CB electrodes in different operation modes. CB: the CB electrode at a constant potential of  $-0.7$  V. Fe@CB: the Fe@CB electrode at a constant potential of  $-0.7$  V. Fe@CB-PM: the Fe@CB electrode with polarity modulation (cycles of 30 s at  $+0.1$  V and 270 s at  $-0.7$  V). Initial nitrate concentration:  $150 \text{ mmol L}^{-1}$ . Error bars represent the standard deviation from at least three replicate experiments.

(Figure 2b) found spots of high electron density, shown as strong signals with clear boundaries in the HAADF-STEM images (Figure 2b1,b3). These were identified as NZVI particles by EDS elemental mapping (Figure 2b2–b4). EDS analyses showed that the Fe mass loading was  $44.4 \text{ mg g}^{-1}$ , corresponding to a 0.98% atomic percentage (Figure 2c). XRD analyses found a large diffraction peak of zerovalent iron (Fe(0)) at  $44.3^\circ$ <sup>54,55</sup> and a small peak of Fe(III) at  $37.3^\circ$ <sup>56,57</sup> (Figure 2d). These results suggest that most Fe was successfully reduced to zero valence; a small amount of  $\text{Fe}^{3+}$  remained due to incomplete reduction or reoxidation of Fe(0). However,  $\text{Fe}^{3+}$  is assumed to not contribute significantly to the electrochemical nitrate reduction due to its higher redox potential than  $\text{NO}_3^-$ ,<sup>58</sup> and the very small quantity present on the electrode.

CV tests showed the high reactivity of the Fe@CB electrode for  $\text{NO}_3^-$  reduction. As shown in Figure 2e, a current of 3.3 mA was observed at  $-0.7$  V vs RHE in a  $250 \text{ mmol L}^{-1}$   $\text{Na}_2\text{SO}_4$  solution. As a comparison, the current more than doubled (7.5 mA) at the same potential in a solution containing  $450 \text{ mmol L}^{-1}$   $\text{NaNO}_3$  and  $100 \text{ mmol L}^{-1}$   $\text{Na}_2\text{SO}_4$ , suggesting that the increase in the current was due to the occurrence of electrocatalytic nitrate reduction on the Fe@CB electrode.

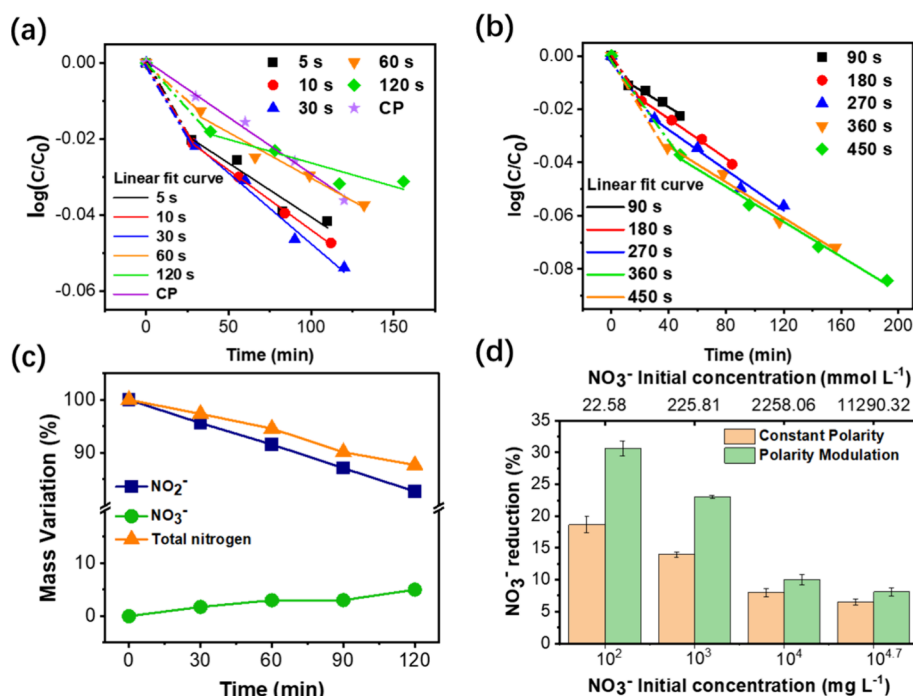
**3.2. Electrochemical Nitrate Reduction.** To evaluate the electrochemical  $\text{NO}_3^-$  reduction performance in constant potential and polarity modulation modes, CB and Fe@CB electrodes were used to treat solutions containing  $150 \text{ mmol L}^{-1}$   $\text{NO}_3^-$ . For the polarity modulation mode, the electroadsorption phase lasted for 30 s and the electroreduction phase 270 s in each cycle; a total of 24 cycles were run in each polarity modulation experiment with a total reaction time of 2 h.

As shown in Figure S2 and Figure 3a, the CB electrode produced a positive and relatively stable current ( $2.3 \pm 0.2$

mA) when operated at a constant potential of  $-0.7$  V. The current decreased slightly to 1.8 mA over a period of 60 min. As a comparison, the Fe@CB electrode operated at the same potential produced a notably higher current of  $4.4 \pm 0.1$  mA, indicating that the Fe@CB electrode had a higher electrochemical catalytic activity than the CB electrode. When the potential of the Fe@CB electrode was modulated between  $+0.1$  V (30 s per cycle) and  $-0.7$  V (270 s per cycle), the current exhibited cyclic behavior accordingly: a negative current at  $+0.1$  V and a positive current at  $-0.7$  V. It is interesting to note that the steady-state current obtained in the electroreduction step ( $4.8 \pm 0.2$  mA) was higher than that obtained with a constant potential of  $-0.7$  V (Figure 3a), indicating more electron transfer for nitrate reduction in the polarity modulation mode.

$\text{NO}_3^-$  concentration data confirmed the catalytic activity of NZVI and the enhanced  $\text{NO}_3^-$  reduction kinetics with polarity modulation. As shown in Figure 3b,  $3.98 \text{ mmol L}^{-1}$  of  $\text{NO}_3^-$  was removed after 2 h of operation at a constant potential of  $-0.7$  V using the CB electrode. Under the same conditions, the Fe@CB electrode achieved  $\text{NO}_3^-$  removal of  $12.88 \text{ mmol L}^{-1}$ , more than three times that obtained using the CB electrode; an even greater removal,  $16.22 \text{ mmol L}^{-1}$ , was obtained using the Fe@CB electrode when the polarity modulation mode was used, a 26% increase compared with that obtained in the constant potential mode. Similar enhancement was also observed using the CB electrode, as shown in Figure S3. These results show that polarity modulation enhances the electrochemical reduction of nitrate regardless of the electrode material used.

Consistent with previous studies,<sup>24,59,60</sup> electrochemical nitrate reduction using the CB electrode primarily generated  $\text{NH}_3$  (eqs 1–3); 86.0% of  $\text{NO}_3^-$  reduced was transformed to  $\text{NH}_3$  (Figure S4). A trace amount of  $\text{NO}_2^-$  (eq 1)<sup>24</sup> was also detected, but no  $\text{N}_2$  production (eq 4) was detected. In



**Figure 4.**  $\text{NO}_3^-$  reduction kinetics in the polarity-modulated  $\text{Fe@CB}$  system with different (a) electroadsorption times (reduction time fixed at 270 s) and (b) reduction times (electroadsorption time fixed at 30 s). The solid lines represent linear regression with regression parameters listed in Tables S1 and S2, respectively. CP: constant potential. (c) Concentration of  $\text{NO}_2^-$ ,  $\text{NO}_3^-$ , and their sum during a  $\text{NO}_2^-$  oxidation experiment. (d)  $\text{NO}_3^-$  reduction using the  $\text{Fe@CB}$  electrode at different initial  $\text{NO}_3^-$  concentrations. Error bars represent the standard deviation from at least three replicate experiments.

comparison, the  $\text{Fe@CB}$  electrode produced  $19.5 \mu\text{mol}$  of  $\text{N}_2$  in 2 h at a constant potential (Figure S4), which accounted for 12.1% of the total nitrate reduced ( $12.88 \text{ mmol L}^{-1}$ , Figure 3b) and was much higher than that of the CB electrode. Because GC analyses of the gas collected found no other gases than  $\text{N}_2$  (Figure S5), the amount of  $\text{N}_2$  produced was calculated from the volume of the gas collected using the ideal gas law. 99.93% of the  $\text{NH}_3$  produced is dissolved in the solution. The amount of  $\text{NH}_3$  in the gas phase is nondetectable. The  $\text{N}_2$  production of the  $\text{Fe@CB}$  electrode further increased to  $26.2 \mu\text{mol}$  (accounting for 15.2% of the total nitrate reduced) in a 2 h experiment in the polarity modulation mode (Figure 3c). These results are consistent with previous studies,<sup>61,62</sup> which also reported  $\text{N}_2$  production from NZVI.

Mass balance analyses revealed that a small amount of N was unaccounted for by the N species measured (Figure 3c). This may be attributed to the potential production of other intermediates (e.g.,  $\text{N}_2\text{O}$  and  $\text{NO}$ ) that were not measured.

During  $\text{NO}_3^-$  reduction,  $\text{H}^+$  was consumed (eqs 1–4), leading to an increase in pH (Figure S6). The  $\text{Fe@CB}$  electrode with polarity modulation experienced the highest pH change (from 6.93 to 11.13), followed by  $\text{Fe@CB}$  (final pH of 10.85) and CB (final pH of 10.23) at a constant potential, corroborating the faster  $\text{NO}_3^-$  reduction kinetics of  $\text{Fe@CB}$  with polarity modulation.

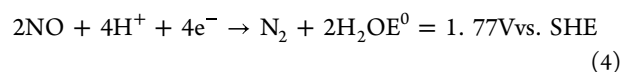
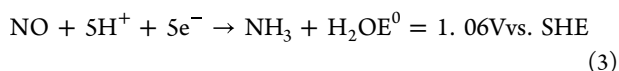
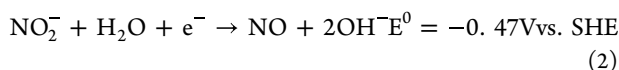
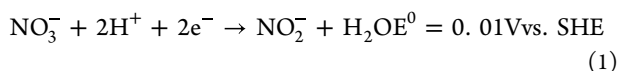


Figure 3d compares the Faradaic efficiency calculated by eq 5 for nitrate reduction obtained by using the CB and  $\text{Fe@CB}$  electrodes:

$$\text{FE}(\%) = \frac{znF}{Q} = \frac{zCVF}{It} \times 100\% \quad (5)$$

Here,  $z$  is the number of electrons transferred;  $n$  is the number of moles of the product;  $F$  is the Faraday constant ( $96485 \text{ C mol}^{-1}$ );  $Q$  is the total electric charge provided (C);  $C$  is the molar concentration of the product ( $\text{mol L}^{-1}$ );  $V$  is the solution volume (L);  $I$  is the current (A); and  $t$  is the reaction time (s). The highest overall Faradaic efficiency (67.3–74.3%) was obtained using the  $\text{Fe@CB}$  electrode with polarity modulation, followed by  $\text{Fe@CB}$  at a constant potential (46.7–60.5%) and the CB electrode at a constant potential (32.1–41.7%). The higher Faradaic efficiency of the  $\text{Fe@CB}$  compared to that of the CB electrode was attributed to the stronger  $\text{NO}_3^-$  binding to the NZVI due to electron donation from the highest occupied molecular orbital of  $\text{NO}_3^-$  to the empty orbital of  $\text{Fe}(0)$ ,<sup>63</sup> leading to suppression of the hydrogen evolution reaction (HER). The polarity modulation operation greatly improved the  $\text{NO}_3^-$  reduction Faradaic efficiency of the  $\text{Fe@CB}$  electrode, presumably due to enhanced adsorption of  $\text{NO}_3^-$  and other anions (e.g.,  $\text{NO}_2^-$ ) on the NZVI when a positive potential was applied (i.e., the electroadsorption step). This is further discussed in the next section.

Similarly, the energy efficiency ratio (EER) was calculated by eq 6 to compare the amount of a reduction product generated

per unit amount of energy consumption. The calculated EER values are listed in Figure S7.

$$\text{EER} \left( \frac{\text{mol}}{\text{kWh}} \right) = \frac{n}{P} = \frac{C_p V}{UIt} \times 3.6 \times 10^6 \quad (6)$$

Here,  $P$  is the electricity consumed (kWh);  $U$  is the applied voltage (V);  $3.6 \times 10^6$  is the joule-kWh converter; and  $C_p$  is the product concentration ( $\text{mol L}^{-1}$ ). The EER for  $\text{NH}_3$  production by the Fe@CB electrode in the polarity modulation mode is 45.76 mol/kWh, which is significantly higher than that obtained with a constant polarity (36.40 mol/kWh). The small positive potential applied in the electro-sorption step generates low, nonfaradaic current and hence results in low energy use. This step, however, greatly enhances the Faradaic efficiency of the subsequent electroreduction step. Therefore, the overall energy consumption is greatly reduced. The CB electrode operated with a constant potential exhibited an EER of 29.32 mol/kWh for ammonia production; in the polarity modulation mode, the same CB electrode achieved an EER of 30.74 mol/kWh for ammonia production, a small increase from the constant potential mode.

**3.3. Mechanism of Improved Nitrate Reduction on the Polarity-Modulated Fe@CB Electrode.** In the polarity modulation mode, the electro-sorption step improves nitrate reduction kinetics in the subsequent reduction step but also consumes electricity. Therefore, it is important to determine the effect of the duration of the electro-sorption and reduction steps. To evaluate the effect of the electro-sorption interval on the overall reduction kinetics, the duration of the reduction step was kept constant at 270 s in each cycle while that of the electro-sorption step was varied between 5 and 120 s (Figure 4a and Figure S8). Data obtained under constant potential mode were also included for comparison.

As shown in Figure 4a, nitrate reduction by the Fe@CB electrode at a constant potential can be well described by a pseudo-first-order rate law with a rate constant of  $2.46 \text{ h}^{-1}$ , comparable with other electrodes reported in the literature (Table S1). Interestingly, the reaction kinetics in the polarity modulation mode exhibited two distinct phases; both can be described by a pseudo-first order rate law. A fast initial phase was followed by a slower phase, with rates in the second phase comparable to that obtained with a constant potential. The faster initial phase is attributed to the electro-sorption of  $\text{NO}_3^-$  and hence the higher  $\text{NO}_3^-$  concentration on the NZVI for faster reduction reaction.

When the duration of the electro-sorption phase increased, the overall nitrate reduction rate ( $r$ ) first increased and then decreased, following the order of  $r_{30\text{s}} > r_{10\text{s}} > r_{5\text{s}} > r_{\text{CP}} > r_{60\text{s}} > r_{120\text{s}}$ , with the fastest nitrate reduction found at an electro-sorption time of 30 s (Table S2). The increased reaction kinetics when the electro-sorption time increased from 5 to 30 s is attributed to the increase in  $\text{NO}_3^-$  electro-sorption; further increase in adsorption time, however, led to a decrease in  $\text{NO}_3^-$  reduction rate, which may be attributed to reoxidation of reduced N species. This is supported by the electrical current profile. As shown in Figure 3a, a sharp peak of a negative current occurred upon the onset of the electro-sorption period due to the adsorption of  $\text{NO}_3^-$ . The current decreased quickly when the electro-sorption approached equilibrium. However, it did not drop to zero, as typically observed in an electro-sorption process. Instead, it stabilized at  $-0.5 \text{ mA}$  after  $\sim 30 \text{ s}$ . This residual current, albeit small,

suggests electron transfer to the anode, presumably from reduced N species generated in the previous reduction step, leading to their reoxidation.

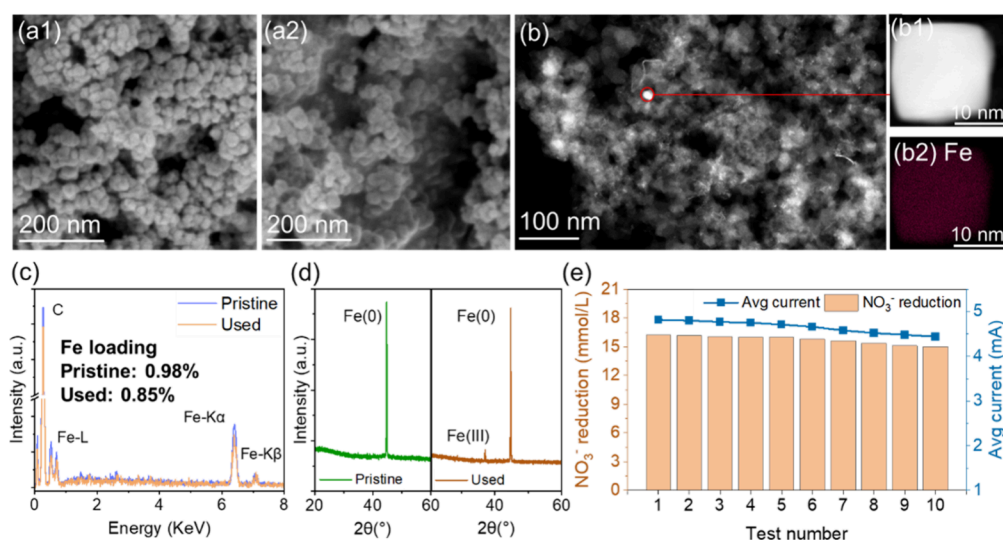
To test this hypothesis, experiments were conducted using a  $2 \text{ mmol L}^{-1}$   $\text{NaNO}_2$  solution. Both chambers of the H cell were filled with a  $\text{NaNO}_2$  solution. In the polarity modulation mode, the potential during the electro-sorption step was kept at  $+0.1 \text{ V}$  vs RHE whereas the applied potential during the electroreduction step changed to  $0 \text{ V}$  vs RHE to avoid reduction of  $\text{NO}_3^-$  that could potentially form from oxidation of  $\text{NO}_2^-$  during the electro-sorption step. As shown in Figure 4c, the  $\text{NO}_3^-$  concentration in the solution increased while that of  $\text{NO}_2^-$  decreased with reaction time, showing that  $\text{NO}_2^-$  formed from  $\text{NO}_3^-$  reduction can be reoxidized in the subsequent electroadsorption step when a positive potential of  $+0.1 \text{ V}$  is applied.

The same two-phase kinetics is also observed in Figure 4b, which shows the effect of electrochemical reduction time. In these experiments, the reduction time was varied between 90 and 450 s with the electro-sorption time fixed at 30 s. When the duration of the electrochemical reduction step increased from 90 to 180 and 270 s, the pseudo-first-order rate constant in phase II increased from 2.68 to 3.09 and  $3.13 \text{ h}^{-1}$ , respectively (Figure S9 and Table S3). Further increases in the reduction step time, however, led to a decrease in the reaction rate constant. At a reduction step duration of 450 s, the pseudo-first order rate constant in phase II dropped to  $2.71 \text{ h}^{-1}$  (Table S3). This suggests that the reaction became mass transfer limited when the reduction time increased beyond 270 s. We hypothesized that with short reduction steps, the amount of  $\text{NO}_3^-$  adsorbed on the Fe@CB electrode during the electro-sorption step was much more than what can be degraded during the reduction step, i.e., no mass transfer limitation; too long a reduction time, however, can exhaust the adsorbed  $\text{NO}_3^-$ , when additional nitrate reduction becomes mass transfer limited again.

The benefit of polarity modulation was found over a wide range of initial  $\text{NO}_3^-$  concentrations. Figure 4d compares  $\text{NO}_3^-$  reduction after 120 min reaction time at a constant potential ( $-0.7 \text{ V}$ ) and with polarity modulation (24 cycles of a 30 s electro-sorption step followed by a 270 s reduction step). With initial  $\text{NO}_3^-$  concentrations ranging from 100 to 50,000 ppm, the polarity modulation operation achieved 24.1 to 64.2% more  $\text{NO}_3^-$  reduction compared with a constant potential. The enhancement of nitrate reduction by polarity modulation is more prominent at lower initial nitrate concentrations. At  $100 \text{ mg/L}$  initial nitrate concentration, the polarity modulation mode exhibited 64.2% more nitrate reduction than the constant potential mode while the difference was only 24.1% at  $50,000 \text{ mg/L}$ . This is consistent with the hypothesis that polarity modulation eliminates the mass transfer limitation as mass transfer is faster at higher bulk concentrations.

**3.4. Long-Term Electrode Stability.** Long-term stability of the electrode is an important factor determining the cost-effectiveness of the electrochemical treatment. In the polarity modulation mode, the application of the positive potential during the electro-sorption phase, albeit short, may lead to the oxidation of metal catalysts and cause electrode corrosion over long-term operation.

To assess the stability of the Fe@CB electrode in the polarity modulation mode, a freshly prepared Fe@CB electrode was tested in 10 consecutive experiments, each run



**Figure 5.** Characteristics and performance of the Fe@CB electrode during the long-term stability test. (a) SEM images of the Fe@CB electrode before (a1) and after the stability test (a2). (b) TEM image of the Fe@CB electrode. (b1) High-angle annular dark-field (HAADF) images showing strong signal from immobilized Fe nanoparticles; (b2) EDS elemental mapping of Fe; (c) EDS spectra of the pristine and used Fe@CB electrode; (d) XRD spectra of the pristine and used Fe@CB electrode; (e)  $\text{NO}_3^-$  reduction and average current during the reduction phase obtained in the 10 consecutive run. Avg: average.

for 2 h. The nitrate solution was replaced with a fresh one at the beginning of every experiment. The Fe@CB electrode was characterized before and after use.

After the stability test, the Fe@CB electrode exhibited no visible changes in its morphology, as shown in the SEM images (Figure 5a1,a2). The NZVI-loaded CB particles retained their spherical shape, and the particle average diameter ( $21.4 \pm 4.6$  nm) was similar to that of the freshly prepared catalysts ( $20.32 \pm 6.6$  nm) (Figure S10). TEM analyses found high electron density spots similar to those shown in Figure 2b, which were further identified by HAADF-STEM images and EDS elemental mapping (Figure 5b1,b2) as NZVI. However, EDS analysis (Figure 5c) of the electrode revealed a small loss of Fe: Fe loading decreased from 0.98 to 0.85% after the experiment. This is attributed to the oxidation of Fe(0) to Fe(III) during the electrosorption phase and the subsequent leaching of Fe(III). According to the Pourbaix diagram,<sup>64</sup> Fe(III) forms at +0.1 V at pH 3.7 to 14, the condition encountered in the electrosorption step. This was confirmed by XRD analyses as shown in Figure 5d. The Fe@CB electrode prepared for the long-term stability test was preserved in an anaerobic environment to prevent oxidation by air. XRD analyses of the freshly prepared catalyst found only one peak at  $44.3^\circ$ , suggesting that NZVI was the only Fe species on the electrode. However, a small Fe(III) peak appeared at  $37.3^\circ$  in the XRD spectrum of the electrode after the stability test, suggesting that 8.5% of Fe(0) was converted to Fe(III). The small amount of Fe oxidation is consistent with the low positive voltage and short time of the electrosorption step. Dissolution and leaching of Fe(III) are believed to be responsible for the small loss of Fe loading over time.

The loss of NZVI led to a small decline of the electrode performance over time of use, as shown in Figure 5e. Nitrate reduction decreased from 16.22 mmol/L in the first 2 h run to 15.02 mmol/L in the 10th 2 h experiment, a 7.4% decline in electrode performance. This is also consistent with the small decline in electric current from 4.8 to 4.4 mA.

## 4. CONCLUSIONS

The reported study demonstrates significant enhancement of electrochemical  $\text{NO}_3^-$  reduction kinetics by an Fe@CB electrode using a simple polarity modulation technique. In the polarity modulation mode, a short electrosorption step induced by a low positive potential overcomes the mass transfer limitation of  $\text{NO}_3^-$  adsorption, accelerating the subsequent electrocatalytic reduction of adsorbed  $\text{NO}_3^-$ , which also regenerates the adsorption sites. The synergy between electrosorption and electrocatalytic reduction generated in the cyclic operation enhanced  $\text{NO}_3^-$  supply on the NZVI surface and greatly improved Faradaic efficiency for  $\text{NO}_3^-$  reduction. This simple technique provides a low-pressure, low-voltage, high-energy-efficiency, and chemical-free method to treat water containing a wide range of  $\text{NO}_3^-$  concentrations. Compared to other methods that have been used to enhance nitrate reduction kinetics (e.g., flow-through electrodes), it does not require any changes in the electrode or reactor design and is simple to implement. The nonspecific interaction (i.e., electrostatic attraction) utilized in the electrosorption step also suggests that the polarity modulation approach can be applied to electrocatalytic reduction of other anions such as chromate,<sup>65</sup> selenate, and selenite. It is important, however, to note that the polarity modulation cycles need to be optimized for different contaminants and catalysts, as the optimal electrosorption and reduction intervals are a complex function of the adsorption kinetics as well as the redox reactions involved. The positive potential applied during the electrosorption step, both low and short, may lead to oxidation and subsequent leaching of the metal catalyst, which should also be carefully considered in process optimization.

## ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsestengg.3c00507>.

Particle size distribution for carbon black particles; current production of the CB and Fe@CB electrodes at

different experiment conditions; amount of  $\text{NO}_3^-$  reduced as a function of time using the carbon black (CB) electrode; the concentration of produced nitrogen species by Fe@CB and pristine CB electrode under both constant and modulated polarity condition in 2 h experiments; gas chromatography analysis of the gas sample collected from a 2 h Fe@CB electrode polarity modulation experiment; variation of pH for CB and Fe@CB electrodes at different experiment conditions; energy efficiency ratio (EER) for the CB and Fe@CB electrodes under constant polarity and polarity modulation modes; the amount of  $\text{NO}_3^-$  reduction and ammonia production with different adsorption time lengths; The amount of  $\text{NO}_3^-$  reduction and ammonia production with different reduction time lengths; particle size distribution for NZVI-loaded CB particles before and after the long-term stability test; kinetic studies in  $\text{NO}_3^-$  electrochemical reduction-related publications by different cathode materials; kinetic studies for nitrate reduction under different adsorption time lengths; and nitrate reduction kinetics under different reduction time lengths (PDF)

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## Notes

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper. The authors declare no competing financial interest.

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